

THE SAN ANTONIO AREA HIV HEALTH SERVICES PLANNING COUNCIL

4502 Medical Drive, MS# 45-2 Corporate Square, Suite 200, San Antonio, TX 78229
 Planning Council Support (301) 807-2196



The San Antonio Area HIV Health Services Planning Council's mission is to create a broad-based community response to the HIV epidemic affecting people within the Transitional Grant Area and to ensure the availability and coordination of high quality, comprehensive health and social services to individuals infected with or affected by HIV.

PEOPLE'S CAUCUS MINUTES

Friday, July 22, 2022

12:00 Noon – 1:30 P.M.

Cafécollege – Classroom 2

131 El Paso Street, San

Antonio, TX 78204

& Virtual via ZOOM

MEMBERS PRESENT					
Celia Aguirre	Marcos Hernandez	Richard Mojica	Frank Rosas	Joe Gauna	Ronique Pleasant
Carlos Carmona	Pete Hernandez	George Morales	Greg Zamora	Amanda Lozano	Wayne Wientjes
Mary Helen Gloria	Beverly Johnson	Donald Rodriguez	Cindi Salinas	LaToya Goodwin	
Umberto Garza	Fernando Mojica	Yvonne Robles	Suhey	Santiago Serrato	
GUESTS PRESENT					
Shabaura Perryman, MPH					
Shadawn McCants					
STAFF PRESENT					
RYAN WHITE RECIPIENT / ADMINISTRATIVE AGENT STAFF	Mary Kay Mitchell	Annie Johnson	Daniel Pineda (UH)	Dawn Cook	
	Carol Nielson (UH)				
PLANNING COUNCIL SUPPORT	Sharron Harris	Gloria Wood			

Call to order	12:03p – Santiago Serrato moderated the meeting.
Welcome and Introductions	Sharron Harris welcomed everyone and called the roll.
Mission Statement	Not read.
Approval of the Agenda	--
Approval of the Minutes from June 16, 2022	--

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COMMITTEE BUSINESS

Presentation	Santiago introduced Living Position Board President, Marc Hernandez, for a presentation about Living Position San Antonio.
A. Item: Committee Co-chair Update i. People’s Caucus Panning Council Co-Chair Representative Update ii. Expressions of Interest for PLWH Co-Chair for People’s Caucus Members iii. Recruiting to serve on the Planning Council	<ul style="list-style-type: none"> • No one has been appointed representing the Planning Council (Council) to the Peoples Caucus to date. • The Council did approve a modification to their By-Laws to allow individuals to be appointed as co-chairs who have not been on the Council for a year, if they have previous PC experience and have returned to the Planning Council and want to serve as chair. • Still looking for representatives from this People’s Caucus group to serve on behalf of the community.
B. Education for Consumers i. Guest Presentation – Merck	<ul style="list-style-type: none"> • Shadawn McCants, Licensed Therapist, presented <u>“Manage Your Health and Your HIV.”</u> • Take-a-ways: • High CD4’s (white blood cells) keep viral load undetectable. • Undetectability – Untransmissible. Federal guidelines indicate undetectability is under 50 copies in a milliliter of blood. Does not transmit the virus to others when you are undetectable. • Take your medication as prescribed and at the same time each day. • Rapid Start Program: Texas is part of this initiative that allows HIV- diagnosed individuals to start medication regimen immediately, even if you don’t have symptoms. • Wellbeing: <ul style="list-style-type: none"> ○ Mental Health (includes emotions/feelings) ○ Physical Health – fitness, eating healthy ○ Spirituality • As you age and mature, HIV individuals are more at risk for: <ul style="list-style-type: none"> ○ Diabetes ○ Heart Issues ○ High Cholesterol ○ Cancer • Help with managing your health as you mature: <ul style="list-style-type: none"> ○ Stay social. ○ Find a workout buddy; find a routine. Some recreational facilities offer discounts for individuals with disabilities.

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	<p>The Y offers scholarships.</p> <ul style="list-style-type: none"> ○ Some insurance companies have fitness goals in policies ○ Medicare has Silver Sneaker Program that gives you a free gym membership. ○ Eat more fruits and vegetables. ○ Drink more fluids ○ Minimize fast foods. ○ Make sure your medications are not interacting negatively. ○ When looking at labs, pay attention to CD4s; good, bad, and overall total cholesterol. ○ Pay attention to your BMI. ○ If you cannot talk with your Provider about everything, it's time to find a new doctor. ○ Don't allow anyone to cause you to do things you don't want to do. 																																																												
<p>ii. People's Caucus Input Planning</p> <p>1. PSRA Update – August 18-19, 2022</p> <p>a. Input for PSRA – HIV-Related Services in Order of Priority</p>	<table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left; border-bottom: 1px solid black;">CORE SERVICES PART A</th> <th style="text-align: center; border-bottom: 1px solid black;">EXTREMELY IMPORTANT</th> <th style="text-align: center; border-bottom: 1px solid black;">SOMEWHAT IMPORTANT</th> <th style="text-align: center; border-bottom: 1px solid black;">NOT IMP AT ALL</th> </tr> </thead> <tbody> <tr> <td>• Local Aids Pharmaceutical Assist.</td> <td style="text-align: center;">13</td> <td></td> <td></td> </tr> <tr> <td>• Early Intervention Service</td> <td style="text-align: center;">13</td> <td></td> <td></td> </tr> <tr> <td>• Emergency Financial Assistance</td> <td style="text-align: center;">16</td> <td></td> <td></td> </tr> <tr> <td>• Foodbank Congregate Meals</td> <td style="text-align: center;">9</td> <td></td> <td></td> </tr> <tr> <td>• Health Ins. Premiums Cost Sharing</td> <td style="text-align: center;">12</td> <td></td> <td></td> </tr> <tr> <td>• Medical Case Mgt (Care Team)</td> <td style="text-align: center;">14</td> <td></td> <td></td> </tr> <tr> <td>• Medical Nutrition Therapy</td> <td></td> <td style="text-align: center;">15</td> <td></td> </tr> <tr> <td>• Medical Transportation Services</td> <td style="text-align: center;">15</td> <td></td> <td></td> </tr> <tr> <td>• Mental Health Services</td> <td style="text-align: center;">18</td> <td></td> <td></td> </tr> <tr> <td>• Non-Medical Case Mgt (help w/ Negotiating system of care)</td> <td style="text-align: center;">16</td> <td></td> <td></td> </tr> <tr> <td>• Oral Health Care</td> <td style="text-align: center;">19</td> <td></td> <td></td> </tr> <tr> <td>• Outpatient Ambulatory Health Svc</td> <td style="text-align: center;">13</td> <td></td> <td></td> </tr> <tr> <td>• Referral for Healthcare & Supp Svcs</td> <td style="text-align: center;">14</td> <td></td> <td></td> </tr> <tr> <td>• Substance Abuse Svcs – Outpatient</td> <td style="text-align: center;">12</td> <td></td> <td></td> </tr> </tbody> </table>	CORE SERVICES PART A	EXTREMELY IMPORTANT	SOMEWHAT IMPORTANT	NOT IMP AT ALL	• Local Aids Pharmaceutical Assist.	13			• Early Intervention Service	13			• Emergency Financial Assistance	16			• Foodbank Congregate Meals	9			• Health Ins. Premiums Cost Sharing	12			• Medical Case Mgt (Care Team)	14			• Medical Nutrition Therapy		15		• Medical Transportation Services	15			• Mental Health Services	18			• Non-Medical Case Mgt (help w/ Negotiating system of care)	16			• Oral Health Care	19			• Outpatient Ambulatory Health Svc	13			• Referral for Healthcare & Supp Svcs	14			• Substance Abuse Svcs – Outpatient	12		
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<p>B. Standards of Care Review Reminder</p> <p>i. EFA & LPAP – Standards of Care Review – July 26, 2022 at 10:00 a.m.</p> <p>https://uhssa.webex.com/juhssa/i.php?MTID=m605f51bb00a59ece0370e0b95405234d</p> <p>Join By Phone: 210-358-1880 Access Code: 2452 558 7329 Password: D2XtcJJAq58</p>	
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Roundtable: Open Discussion	
None.	

Parking Lot Action Item

No.	Item	Assigned To	Date Assigned	Due Date	Status
	NONE				

Public Comment	None.

Schedule of Next Meeting	August 19, 2022 – 12 noon
Announcements, Correspondence and Recognitions	PC Support will send out survey.
Adjournment	Santiago adjourned meeting at 2:12 p.m. CST.